Curriculum vitae

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Bert Strookappe was born on November 13, 1981, in Deventer, The Netherlands. After training to become a physical therapist he consecutively worked in three hospitals. In the same year (2005) he started the Master's degree program in physical therapy at the University of Utrecht, from which he graduated in 2009. Since December 2007 he has been working at the Department of Physical Therapy of Gelderse Vallei Hospital, Ede, The Netherlands as a physical therapist, focusing on the treatment of patient in the surgical ward (vascular surgery) and Intensive Care. Clinical rehabilitation of critically ill patients (with a wide range



of conditions and comorbidities) has been his main interest. He considers the management of the rehabilitation process of critically ill patients, from 'bedridden' to 'walking out of the hospital', to be the most inspiring aspect of his work. The integration of scientific evidence in daily patient care is an important part of his tasks. Since 2012 he has been involved in the management of outpatients with interstitial lung disease (ILD). The research project described in this thesis started in 2014 at Gelderse Vallei Hospital, with Prof. Marjolein Drent and Prof. Jolanda De Vries as his supervisors. He is a member of the ILD care foundation research team and ILD Expertise Center of the St. Antonius Hospital Nieuwegein, The Netherlands.

The results of the studies reported on in this thesis have been presented at the European Respiratory Society's (ERS) 2015 International Annual Congress in Amsterdam, as well as at the American Association of Sarcoidosis and Other Granulomatous Disorders' (AASOG) 2015 conference in Denver, USA, at the Foundation for Sarcoidosis Research's (FSR) Patients 2015 Conference in New Orleans, USA, and the WASOG 2016 meeting in Gdansk, Poland. In 2015 he received a research grant from the ILD Care Foundation and the 'Research Support 2016' grant from the Sarcoïdose Belangenvereniging Nederland (SBN: Dutch Sarcoidosis Patients Association) to support the research-project entitled 'Physical Training in Sarcoidosis'.

He lives with his wife, Flora Strookappe-Kokenberg, and two sons, Julian and Benjamin in Huissen, The Netherlands.