

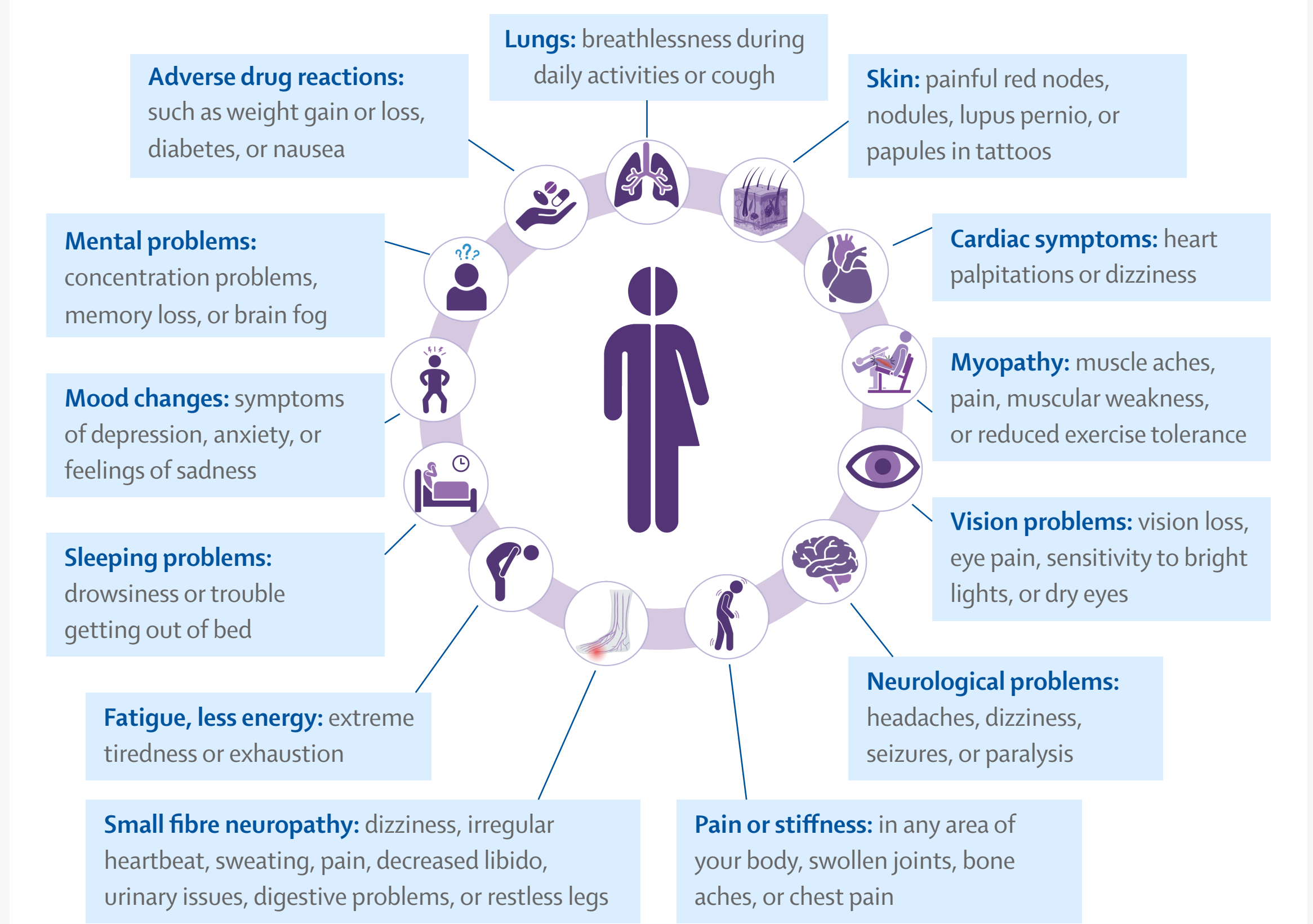
Holistic assessment of ability to work in patients with sarcoidosis

Obstacles faced by patients with sarcoidosis

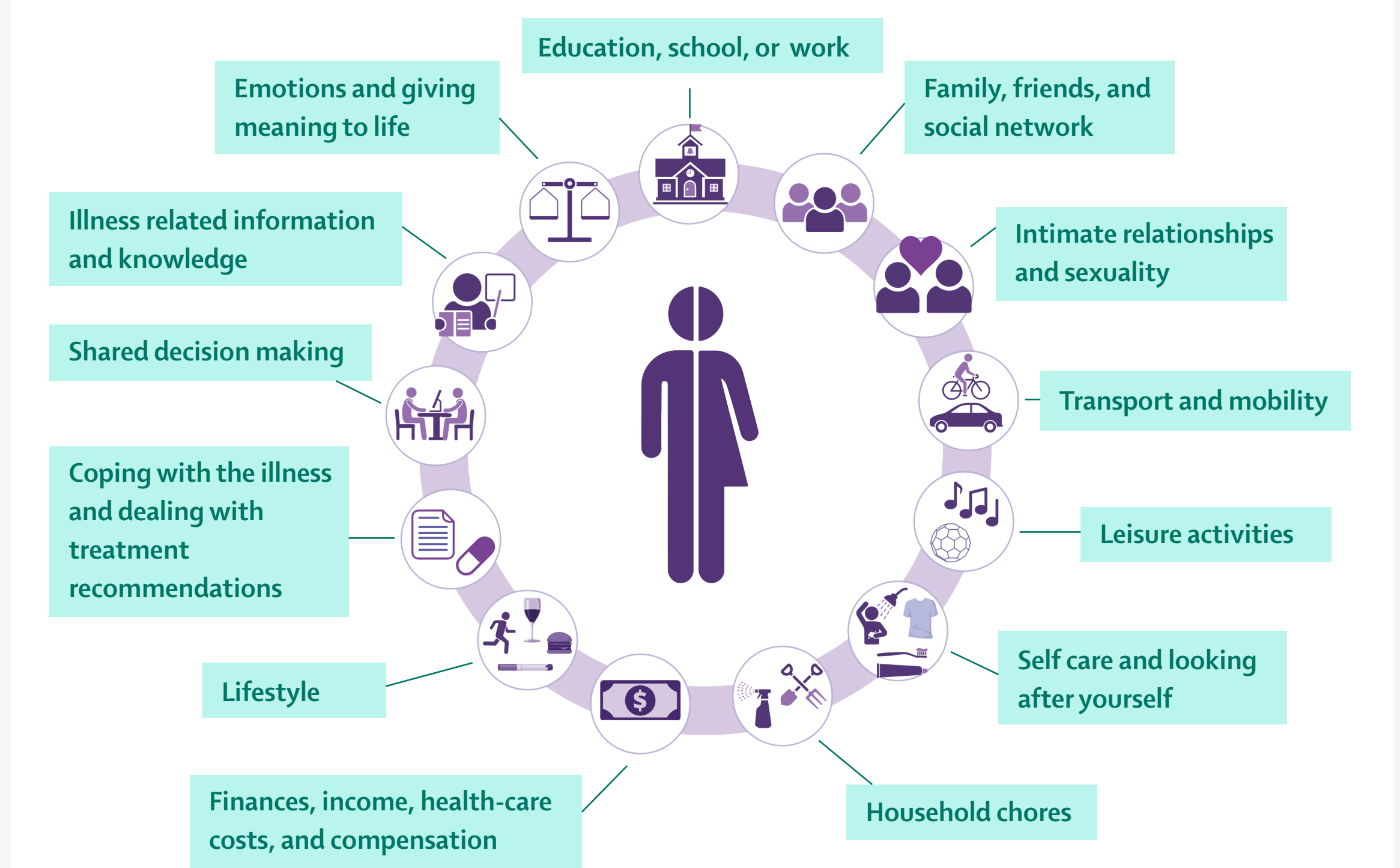
Misconceptions	Fatigue	Cognitive failure	Doubt
While sarcoidosis can affect any organ, patients often face misconceptions about its impact.	Extreme fatigue from sarcoidosis is often not recognised as a valid reason for being unfit for work.	Sarcoidosis often leads to concentration difficulties and memory loss, making it very challenging to work.	Patients with sarcoidosis often feel the need to justify themselves, as examiners do not always take symptoms seriously.

Key considerations in the assessment of ability to work

1 Do you experience any of the following symptoms?



2 Can you tell me how it is going in the following areas?



3 Holistic assessment ability to work

- » A holistic and tailored approach is essential for evaluating the ability to work in patients with sarcoidosis, recognising the unique biophysical and social circumstances of each person.
- » Patients should be actively involved in determining their work capacity, ensuring their experiences and challenges are taken into account.
- » Expert opinions from sarcoidosis specialists must be included in the assessment process to accurately reflect the complexities of sarcoidosis.
- » Assessment of work capacity should extend beyond pulmonary function tests to consider fatigue, cognitive issues, pain, and other non-respiratory symptoms.

Read the full paper at [thelancet.com](https://www.thelancet.com)

Drent M, Russell A-M, Sacketkoo LA, et al. Breaking barriers: holistic assessment of ability to work in patients with sarcoidosis. *Lancet Respiratory Medicine* 2024; published online October 15. [https://doi.org/10.1016/S2213-2600\(24\)00297-2](https://doi.org/10.1016/S2213-2600(24)00297-2).